

Safety Needs – Crisis Resources

Suicide Resources:

If you or someone you know is in crisis, please call 911, go to the nearest emergency room, call 1-800-273-TALK (8255) to reach a 24-hour crisis center, or text MHA to 741741 at the Crisis Text Line.

- Warmline (For those who aren't in crisis, but still want to talk to someone) :<http://www.warmline.org/>
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- The TrevorLifeline for LGBTQIA+ Youth : 1-866-488-7386
- Crisis Text Line : Text 'MHA' to 741741
- Disaster Distress Helpline: Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor.
- Veterans Crisis Line: Dial 1-800-273-8255 and Press 1 to talk to someone or send a text message to 838255 to connect with a VA responder.
- Dial 211 : 211 provides callers with information about and referrals to social services for every day needs and in times of crisis. Learn more: <https://www.helplinecenter.org/2-1-1-community-resources/what-is-211/>
- Find MHA in your area: <https://arc.mentalhealthamerica.net/find-an-affiliate>
- SAMHSA Treatment Locator: <https://findtreatment.samhsa.gov>

Addiction Resources:

- Alcoholics Anonymous - <https://www.aa.org/>.
- Narcotics Anonymous - <https://www.na.org/>.
- Al-Anon – Support for families of loved ones struggling with addiction - <https://al-anon.org/>.
- His Way – A Christ-centered recovery for men - <http://hiswayinc.org/>.
- Not One More Alabama – A resource for families of loved ones struggling with addiction - <https://www.notonemorealabama.org/>.
- Bradford Health Services – A family of drug and alcohol rehab facilities - <https://bradfordhealth.com/>.

Domestic Abuse Resources:

- Crisis Services of North Alabama (**24/7 helpline**) - <https://csna.org/>.
- Downtown Rescue Mission - <https://www.downtownrescuemission.org/>.
- Legal Services Alabama - <https://legalservicesalabama.org/>.

Counseling Resources:

- Rocket City Counselor - <https://rocketcitycounselor.com/>.
- Bruce Martin – Pastoral Counseling - <https://brucewmartin.com/counseling/>.
- C.J. Whiteaker – Pastoral Counseling - <https://www.shepherds-inn.org/counseling>.
- Shannan Roberts – Addiction Counseling - shannan@counselingassociatesofhuntsville.com.
- Recovery from Porn/Sexual Addiction – Carl Stewart - <http://www.carlstewartlpc.org/>.
- Crisis Marriage Counseling – Carl Peck – 256.533.0440